

Minutes  
Age Friendly Community Committee  
Town Manager's Office  
October 29th, 2019  
4:30pm

Attendance:

Committee

Cody McEwen (Chair), Gilda Stratton, Louis Pelletier, Jane Danforth (Thrive Penobscot/MRH),  
Keri York

Public

Jessica Masse (Designlab), Samantha Cote (Designlab)

Meeting called to order by Chair McEwen at 4:30pm.

I. Review of previous meetings minutes.

No changes.

II. Update on Transportation Program grant.

Jane let the group know that an initial \$6,100 was awarded to start setting a base for policies and procedures. We will need to look for a Transportation Navigator which will be a key player in the program.

We should see if there is any level of coordination that could happen with any current services, such as Chris Carr and his shuttle.

The Thrive study was complete and we know there is a need for services but we will need to identify what exactly is affordable transportation. Ex. A \$1.00 ride or free or some other value.

III. Review group name choices.

The committee reviewed name choices and decided on Age-Friendly Millinocket: A community for all ages. Louis suggested a tagline that we could use: Four season living for all the seasons in your life. The committee decided to keep the tagline for future use in documentation that the committee develops going forward.

The following names were up for a vote:

- Thrive Initiative
- Livable Millinocket
- Millinocket for a Lifetime
- Thrive Millinocket: A community for all ages
- Age-Friendly Millinocket: A home for all ages
- Live Well Millinocket
- Millinocket for all ages

- All in Millinocket

Cody provided some logos that Patricia distributed from her last meeting. Designlab offered to create some logo examples which will incorporate the new name with different design principles.

IV. Compile questions to send to Economic Development Committee for annual survey.

The committee decided to request the following question:

Would you have a need for assistance at home for projects that you could not do on your own?

The question would have the following options: raking leaves, mowing lawn, shoveling snow, small carpentry project, small electrical project, transporting trash/recycling, as well as a place to put in something not suggested.

V. Start database of volunteer networks for Volunteer Assistance Program.

The committee compiled the following contacts:

Eastern Agency Area on Aging - Nancy Grant  
Stearns Jr/Sr High School - Main Office/Guidance  
Nazarene Church Volunteer Group - Marie Dunstan  
Local AARP - ?  
Red Knights - Sons of the American Legion Riders - ?  
KFI - ?  
Living Innovations - ?  
Creative Options - ?

Cody will reach out to KFI, Living Innovations, and Creative Options to see if they have any volunteer programming built into their services that committee could network with.

Keri provided the committee with resources received from Eastern Area on Aging. She noted that the organization is stretched for volunteers themselves and any help the committee can provide would be appreciated.

The committee agreed to keep a running list of contacts as we continue to build networks.

VI. Discussion on Patricia Oh's visit: Moving forward with creating our Action Plan.

Cody shared a copy of "The Maine Guide - Building Livable, Age-Friendly Communities" a resource that was shared by Patricia. Cody said he would share the digital copy with the committee.

The guide was created as a resource for Maine communities that have joined the Network of Age-Friendly Communities. The steps detailed in the Maine Guide correspond with the AARP Roadmap to Livability.

The committee will need to use this resource going forward as well as the roadmap workbooks as we create our action plan.

The committee agreed that Patricia's visit was a success and we gained valuable information on how to continue the age-friendly community process. The committee will keep her in the loop by providing committee minutes to her and contacting her if there are any additional questions we have about age-friendly work.

The next Age Friendly Committee meeting is set for Tuesday, November 19th at 4:30pm in the Manager's office.

Meeting adjourned at 5:32pm.