



# Age Friendly Millinocket

Meeting Minutes / 3pm Zoom  
3/9/2021

## **Present:**

Tom Malcolm (Fire Chief), Richard Angotti (Interim Town Manager), Samantha Cote (Design Lab), Randy Jackson (Town Councilor), Brittany Grutter (Northern Forest Center Millinocket Program Manager), Louis Pelletier (Town Councilor), Charlie Pray (Town Councilor), Jane Danforth (Age-Friendly Committee Chair/Thrive Penobscot/ MRH), Robin Stevens (Thrive Penobscot/MRH)

Meeting started at 3:05

## **Review of meeting minutes from 2/9/2021**

An edit was made to the minutes to add Brittany Grutter as present.

## **Update on Katahdin SnowDown held on February 18<sup>th</sup> - 20<sup>th</sup>**

- Huge Success!!! Thank you to everyone who helped and participated.
- Hope to make Katahdin Snowdown an annual event.
- Snow painting was a big hit. Sam started with 36 canvases and needed to add another 15...many kids participated.
- Professional videographer attended on Saturday to get footage. AARP is now sending a video kit to add interviews to the footage.

## **Update on Sand Bucket for Seniors**

Tom gave an update on the Sand Buckets for Seniors program.

- Turning out to be very successful program
- Thirty-five buckets donated (15 then 20 more) initially thinking that would be enough, but only 2 buckets are left, so more is needed.
- Tom feels this program is a win - win for the Millinocket Fire Department. The MFD can be seen in a different capacity.

Jane stated that we need to get an article on this program as it would be great publicity for Age Friendly Millinocket along with the Fire Department.

## **Age Friendly Action Plan - a work in progress**

At the last meeting, Jane shared from the Katahdin Gazetteer a statement we adopted as our vision statement. We felt this statement suited us as an Age Friendly Committee.

**Vision: "Be a place that supports and attracts people of all ages."**

On page 51 of the Gazetteer there was another statement that could be used as our mission statement. Jane screen shared the statement and thought we could edit it to make it our own. She listed 3 different versions from that statement on how we wanted it to read.

Unanimously, everyone felt that the third statement should be our mission statement.

**Mission: We want all people to enjoy Millinocket from birth to the end of their lives with services, supports and infrastructure that meet the needs of all stages of life.**

We now have a vision and a mission statement for our plan 😊

### **Reviewed and considered action items from the Gazetteer to include in the Age Friendly Action Plan**

Jane shared another document:

- There are 21 actions in the plan that included Thrive Penobscot – since Thrive is working on making our community more age-friendly.
- Chose which ones were suited for our Age Friendly Action Plan
- Looked for action items that we felt suited to add to our Age Friendly Plan
- Lots of great discussion took place and progress was made.
- Jane and Robin will go back through each of the items that were highlighted
  - Incorporate them into our action plan
  - Capture what we are currently and plan on doing in each domain
  - Look for a format for the action plan and share at the next meeting

Jane stated she will get Matt Delaney involved again. There are many things going on through Mobilize Katahdin as far as meeting the needs of the community around transportation, food and heating oil that will be included in our action plan.

### **Multigenerational Programs**

For multigenerational programs, Sam spoke about the Ktaadn Arts Program and Randy about the Boreal Theater. Each of these programs will have activities for all ages.

- Both are in development phases.

Next meeting is scheduled for Tuesday April 13<sup>th</sup> @ 3:00pm

- Jane to send out Zoom link and meeting notice.

Meeting adjourned at 4:00pm