



# ***Katahdin Response Network*** **for Substance Use Disorder**

*Together we can do more*



Zoom Meeting Agenda

March 22, 2021/3pm

Welcome and recap of previous work (2019-2020)

Updates after a year apart due to COVID-19

- Recovery/ Treatment/Prevention/ Enforcement
  - Pir2Peer, Ginger Collins, Co-Founder and Recovery Coach
  - Breaking the Cycle, Heidi Wheaton, Executive Director
  - Millinocket Regional Hospital, Marie Sutherland, MSW
  - Other

Presentation: Sara Yasner, Bangor Public Health and Community Services and Adam Perkins, OPTIONS Substance Use Disorder Liaison for Penobscot County

Special guest: Portland Police Liaison, Missy Etsy

Next Steps

Next Meeting Date- Monday, April 19 @ 3:00pm

Adjourn

Note:

Maine Opioid Response: 2021 Strategic Action Plan – posted to Town Website under Committees - Health and Wellness tab

- A brief Summary of the 10 priorities can be found on next page.

Join Zoom Meeting

<https://us02web.zoom.us/j/86451984412?pwd=dG1IS0cxSk1qVlVqY3pocjdvUGtnZz09>

Meeting ID: 864 5198 4412

Passcode: 908506

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## Maine Opioid Response 2021 Strategic Action Plan:

1 GOAL→5 FOCUS AREAS→10 PRIORITIES→33 STRATEGIES

**OUR GOAL:** Reduce the negative health and economic impacts of opioid and other substance use disorders (SUD/OD) on individuals, families, and communities in Maine and, in so doing, give hope to all persons with a substance use disorder that recovery is not just possible, but probable.

**OUR SHARED VALUES:** This plan includes five cross-cutting values that are foundational to each area of focus. All actions called for in this plan shall be undertaken through the lens of these shared values: 1) reducing the stigma associated with substance use disorder and identifying it as a chronic medical condition; 2) building resilience in individuals across the lifespan; 3) improving data collection, analysis, and timely communication; 4) building and maintaining a robust infrastructure capable of supporting the priority activities; 5) implementing all activities subject to available funding from federal, state, community, and philanthropic sources.

## Leadership, Prevention, Harm Reduction, Treatment, Recovery Supports

### 10 Priorities:

**Priority A:** Take decisive, evidence-based and community focused actions in response to Maine's opioid crisis

**Priority B:** Prevent the early use of addictive substances by children, youth, and young adults

**Priority C:** Reduce the number of prescribed and illicitly obtained opioids

**Priority D:** Reduce the number of fatal and non-fatal overdoses

**Priority E:** Engage active users and the recovery community in harm reduction

**Priority F:** Engage providers, law enforcement, and the public in harm reduction strategies

**Priority G:** Ensure the availability of treatment that is local, immediate, affordable, and best fit

**Priority H:** Increase the proportion of persons with SUD/OD who seek or are in treatment

**Priority I:** Support individuals in recovery

**Priority J:** Build and support recovery-ready communities