



# Age Friendly Millinocket

Meeting Minutes  
January 18, 2022  
4:00 pm/ Zoom only

## Attendees

**Jane Danforth**, Chair, Age Friendly Millinocket, MRH, Director of Grants and Community Wellness/Thrive Penobscot, Project Director; **Louis Pelletier**, Millinocket Town Councilor; **Diana Furukawa**, Director of Millinocket Memorial Library; **Sarah Jandreau**, Age-Friendly Millinocket AmeriCorps Program Member; **Randy Jackson**, Retired PA-C, Board of Directors for Breaking the Cycle; **Robin Stevens**, MRH/Thrive Penobscot Project Assistant

## Agenda

1. History of Age-Friendly Millinocket
2. Welcome Sarah Jandreau
3. Age-Friendly Action Plan
4. Community Needs Assessment
5. Other Updates

## History of Age-Friendly Millinocket

- Thrive Penobscot started the age-friendly work through the Thriving in Place ( TiP) initiative
- April 2019 - Town applied to become a member of the network of Age-Friendly States and Communities and was accepted into the program- a National Program
  - Cody McEwen was the chair of the committee at that time
  - Jane became chair after being elected to the Town Council in 2020
- 2020/COVID-19
  - Committee meetings suspended
- 2020- 2021
  - Kept things going but no consistent committee meetings
    - Did help the town apply for the DOT PPI Grant which is a bicycle and pedestrian study grant- to make Central Street and Penobscot Ave (downtown) more walkable

- Planned and held the Katahdin Snowdown as a result of the AARP Challenge Grant award of \$5000.
- Sand Buckets for Seniors Program was launched in collaboration with the Fire Dept and Public Works
- Worked on Vision & Mission Statement for Action Plan ( used the Katahdin Gazetteer as a reference)
- Town received a reprieve for submitting our Action Plan knowing we were going to have a Lifelong Maine AmeriCorps member working with us starting in the fall that could assist us to complete it.
  - Was originally due in April of 2021
  - Sarah Jandreau will be concentrating on completing our Age-Friendly Action Plan by April 2022, along with other projects

## Welcome Sarah Jandreau

- Lifelong Maine AmeriCorps Program (LMAP) Project Organizer serving Age-Friendly Millinocket
- Working on the Age-Friendly Action Plan draft that she received from Jane
- Open to new ideas to make Millinocket more Age-Friendly and multi-generational
- Recruitment for Age-Friendly Committee
- Deploy Wilder Collaborative Survey to current committee members
  - A baseline of collaboration in Millinocket before AmeriCorps/Age-Friendly Millinocket is needed

## Age-Friendly Action Plan and other projects

- Jane shared the current draft of our action plan that had been started last year
- Vision/Mission statement taken from the Katahdin Gazetteer
- Framework is the 8 Domains of Livability
- Discussion on Community Gardens Project
  - What model do we want?
  - Where will the garden or gardens be located?
  - Who will benefit?
- Want to make this plan realistic and not overdo it
- Will include what is working now and what we want to continue
  - Sarah will share draft action plan for feedback

## Community Needs Assessment

- Working with David Wihry from the University of Maine Center on Aging in collaboration with the Youth Committee on a survey of what we want to see in a community/youth center

- It will provide more data for our action plan
- Jane will share the draft with the committee to review once newest draft version is ready
- Jane clarified that current action planning is based on original assessment done when the Thriving in Place (TiP) initiative started in 2016. Needs have not changed significantly.

## Updates

- Diana shared that a second Age-Friendly AmeriCorps member will be starting in a couple of weeks
- Katahdin Snowdown plans are being finalized for Feb 20th- a separate committee is working on this
- Sand Buckets for Seniors Program
  - Would like to reword flier
  - Take age and senior out
  - Jane plans to discuss flier with Tom

## Other

- Establish ongoing meeting schedule
  - 2nd or 3<sup>rd</sup> Tuesday @ 4pm - will revisit this time/meeting day at next meeting

## Action Items

- Wilder Survey to be sent out
- Recruitment for Age-Friendly committee members
- Community Garden/Planning Discussion to continue
- Follow up with Tom on Sand Buckets
- Send out draft Age Friendly Action plan for review/comments/suggestions

## Next Meeting

Tuesday February 15th @ 4:00pm