



# Age Friendly Millinocket

## Agenda

May 17, 2022

4:00pm/ Millinocket Memorial Library  
And by Zoom (link below)

*Purpose Statement: The Millinocket Age-Friendly Committee advocates for services, supports and infrastructure that meets the needs of our residents in all stages of life. (Adopted 3.16.22)*

Welcome and Introductions – Jane Danforth, Chair, Age-Friendly Millinocket

Updates/Brief Report Out:

- Age-Friendly Action Plan Completed
  - Plans to monitor progress
- Community Garden Project / Earth Day Event held April 22
- Gardening in Small Spaces Class Thursday, May 26- 4p-5:30pm at MML
  - Partnership with Cooperative Extension
- Pilot with Penquis General Transportation Services – No cost to consumer!
  - Jane met with other municipalities
- Community Center Survey Results

Action Items:

- Community/Farmers Market discussion
- Action plan item: *Establish a work group to explore different models of support programs for those dealing with chronic disease ( dementia/cancer)*
- Assess interest for a Mental Health First Aid Class

Other

Set next meeting date- Tuesday, June 14?

\*Reminder next M-DASH Workgroup meeting is Friday May 27 , 10:00-11:30am at MML or by Zoom

Adjourn

Meeting Link:

<https://us02web.zoom.us/j/84862322036>

Phone: 1 (312) 626-6799

Meeting ID: 848 6232 2036