



Age Friendly Millinocket

Meeting Notes

May 17, 2022

4:00pm/ Millinocket Memorial Library

And by Zoom (link below)

Purpose Statement: The Millinocket Age-Friendly Committee advocates for services, supports and infrastructure that meets the needs of our residents in all stages of life. (Adopted 3.16.22)

Welcome and Introductions – Jane Danforth, Chair, Age-Friendly Millinocket

Updates/Brief Report Out:

- Age-Friendly Action Plan Completed
 - *Plans to monitor progress—Brittany will create an excel sheet to document the progress made on each action item. Progress reports for action items will be shared at Age-Friendly Committee meetings.*
- Community Garden Project / Earth Day Event held April 22
 - *Successful event with volunteers of all ages. All community garden plots are reserved, and gardeners have started planting. Gardeners are of all ages, school age to older adult!*
 - *Planning of future programming will be in partnership with Sarah Jandreau, Age-Friendly AmeriCorps member.*
- Gardening in Small Spaces Class Thursday, May 26- 4p-5:30pm at MML
 - *Partnership with Cooperative Extension—suggestion to have something for potential gardeners to leave with. Sarah will look into soil and possible things that participants can take home.*
 - *Advertised on all social media outlets, suggestion for committee members to share within their networks.*
- Pilot with Penquis General Transportation Services – No cost to consumer!
 - *Jane met with other municipalities to share the program and answer any questions. Not a new program (confusion!) but support to existing program that takes cost barrier away for those who need rides.*
 - *Will see that more funds get sent to Penquis from the Town (what they originally had been sent is almost gone)*
 - *Will get monthly reports from Penquis to track use of the program*
- Community Center Survey Results
 - *Tri-Town community center results have been finalized. Interesting results which support the need for a youth center and youth focused programming.*

Action Items:

- Community/Farmers Market discussion
 - o *Barbara seeking discussion on the farmer/community market. Suggestion for this year to have table events at community events already in place, such as 4th of July, to gain interest. Suggestion to take this to the Events Committee.*
 - o *Millinocket Heritage Plaza offered as a space to use, not Town property so insurance coverage and needs are unknown. Suggestion to use Town parks such as Veteran's Park and Crandall Park.*
 - o *Creation of a 'farmers market working group' in progress. Would be a subcommittee of the Age-Friendly committee.*
- Action plan item: *Establish a work group to explore different models of support programs for those dealing with chronic disease (dementia/cancer)*
 - o *Sarah tasked with establishing work group.*
- Assess interest for a Mental Health First Aid Class
 - o *Many interested in class offered, would be held at the Millinocket Memorial Library. Currently, town employees as well as various organization representatives have signed up. More spots available if anyone else would like to participate. No date has been decided yet, most likely in late June/July.*

Other

Set next meeting date- Tuesday, June 14?

*Reminder next M-DASH Workgroup meeting is Friday May 27 , 10:00-11:30am at MML or by Zoom

Adjourn

Meeting Link:

<https://us02web.zoom.us/j/84862322036>

Phone: 1 (312) 626-6799

Meeting ID: 848 6232 2036