



Age Friendly Millinocket

Minutes
April 18, 2023
3:00pm/ Zoom only

Purpose Statement: *The Millinocket Age-Friendly Committee advocates for services, supports and infrastructure that meets the needs of our residents in all stages of life. (Adopted 3.16.22)*

Welcome and Introductions – Jane Danforth, Age-Friendly Committee Chair, Project Director, Thrive Penobscot; Louis Pelletier, Town Councilor; Barbara Riddle- Dvorak, Age-Friendly AmeriCorps member; Sarah Jandreau, Age-Friendly AmeriCorps member; Brittany Grutter, Grants Coordinator, Thrive Penobscot; Tom Malcolm, Fire Chief/Public Safety Officer, Town of Millinocket; Jonathan Cote, Assistant Fire Chief, Town of Millinocket; Diana Furukawa, Director of Millinocket Memorial Library (MML); Nicole Brennan, Partnerships and Programs Coordinator (MML)

Approval of meeting minutes from 3/21/2023

Updates:

1. Earth Day- Saturday April 22, 10am – 2pm
 - a. Set up will begin at 9 am at Millinocket Heritage Plaza
 - b. Clean-up will be kept to the downtown area and Michaud Trail green spaces, Jerry Pond is not accessible yet.
 - c. Lunch will be available at the Elks Lodge—volunteers will receive a ticket for a free lunch.
 - d. Final details of supplies available from public works. Tom will drive around to different clean-up sites to take trash and yard waste to proper location.
 - e. Amber Wheaton appeared on Channel 7 to highlight event. Event being shared via social media for last chance of attracting volunteers.
2. Call In/Check-In Program
 - a. No names were emailed to Jonathon to vote on although Louie said he submitted/mentioned one at the last meeting. Since the program will be run by the Fire Station, Jane suggested they can decide what to call it. Jon and Tom will let the committee know their decision next meeting.
3. Handy Helper—Workgroup
 - a. Work item being carried over to next meeting due to time allotment.
4. Millinocket Farmers' and Artisan Market
 - a. Successful meeting with Wabanaki Public Health and Wellness (WPH) to discuss them having a booth at the farmers market, and potentially host the "Farmers' Market First Look" event.
 - b. Discussion on which parking lots need to be closed for Farmers' market first look event as well as Farmers' Market.

- c. WPH will have their building open for vendors to use the restroom but not customers. They also may sell food from their parking lot.

Partner Updates

- Bike Rodeo is being planned with the Katahdin Gear Library, date is to be determined.
- Financial Literacy series at MML has been held by Katahdin Federal Credit Union and Dylan Law. Highlighted information surrounding money safety as you age, information on wills/trusts, and the final presentation will be via Single Source speaking about retirement financial information such as 401K's.
- Waiting on leadership decision from Millinocket Regional Hospital regarding offering Cancer Support Group.
- Still awaiting finalization of local contractor list and thinking through where this information will be shared.

M-DASH

- April 20th Millinocket meeting has been cancelled; next Meeting is June 15th 2:00 pm – 3:30 pm.

Next meeting date

- Tuesday May 16, 2023, at 3pm

Adjourn

Meeting Link:

<https://us02web.zoom.us/j/84862322036>

Phone: 1 (312) 626-6799 Meeting ID: 848 6232 2036