



# Age Friendly Millinocket

Agenda  
August 29, 2023  
1:30pm/MML and Zoom (link below)

Purpose Statement: *The Millinocket Age-Friendly Committee advocates for services, supports and infrastructure that meets the needs of our residents in all stages of life. (Adopted 3.16.22)*

## Welcome

**Discussion about partnering with the University of New England (UNE), Center for Excellence in Aging and Health (CEAH) to distribute shelf stable food.**

Task: Create a food distribution plan that targets older persons (55+)

- We will be receiving 680 packages of Rice and Red Bean meal packets.
  - More information about the food packets can be found on at: <https://thepackshack.org/about-the-meals/>
- CEAH Director, Tom Meuser, is delivering the food on Saturday, 9/16
  - Will arrive 9am or later (waiting to hear what works for us)
  - Will have about 150 cookbooks to include in distribution.

**Set date for next Age -Friendly Committee meeting.**

## Adjourn

Meeting Link:

<https://us02web.zoom.us/j/82443400636?pwd=QnN3R0puYzJRMXZZV0xvMDU5bjJJZz09>

Meeting ID: 824 4340 0636

Passcode: 636083

One tap mobile

+13092053325,,82443400636#,,, \*636083# US