VOLUNTEERS

The Recreation Department Fall & Winter Programs will be beginning soon. We are looking for volunteers to help with these programs. Many volunteers are needed such as: coaches and timekeepers for soccer, football, and basketball; and volunteers for the Halloween and the two Christmas programs as well. Most of all, we need your ideas for new programs or how to better old programs.

If you are at all interested, please fill out the bottom of the form and return it to the Recreation Department as soon as possible.

Recreation Department 53 Main Street East Millinocket, ME 04430



Coaches will be selected from the applications received.

| | • | |
|--|--|--|
| I would be interested in volunteering in the following programs: | | |
| Little Giant Football: | Youth Soccer: | |
| CoachingTimekeeping OfficiatingSupervising | CoachingSupervising OfficiatingCooking Timekeeping | |
| Youth & Jr. Pro Basketball: | Pee Wee Cheerleading: | |
| CoachingTimekeeping OfficiatingScorekeeping | Coaching | |
| Halloween Program Father/Da Christmas Program Little Leag Mother/Son Dance | | |
| Name: | | |
| Address: | | |
| Telephone: | | |
| Comments: | | |



53 Main St., East Millinocket, ME 04430

Cody McEwen - Director of Recreation

2024 - 2025 Fall & Winter Programs



FALL SOCCER

The Recreation Department will be sponsoring the Youth Soccer Program. This program is for grades K - 3. This program will take place on the practice soccer field behind Schenck High School from 4:00pm to 4:45pm. This is for both Opal Myrick and Granite Street Students.



Kindergarten-Grade 1

Grade 2-Grade 3

Wednesday, Sept. 4 Wednesday, Sept. 11 Wednesday, Sept. 18 Wednesday, Sept. 25 Wednesday, Oct. 2 Wednesday, Oct. 9 Thursday, Sept. 5 Thursday, Sept. 12 Thursday, Sept. 19 Thursday, Sept. 26 Thursday, Oct. 3 Thursday, Oct. 10

There will be a Traveling Soccer Team for East Millinocket, Medway, and Millinocket students, grades 4 - 6. Practices will be at the soccer field in East Millinocket. Students will have regular practices and weekend games with teams from the region. Dates and times will be announced on the permission slips

YOUTH BASKETBALL

The Recreation Department will be having a Youth Basketball program after school for grades K - 1 starting in late February and running for 3 weeks. We will be teaching basic basketball skills.

INDOOR SOCCER



The Indoor Soccer program for children in grades K -5 at Granite Street Elementary School will start in late January and run for 3 weeks.

The Indoor Soccer program for children in grades K - 4 at Opal Myrick Elementary School will take place in late March and run for 3 weeks.

EASTER EGG HUNT

The Recreation Department will host an Easter Egg Hunt for children up to grade 5 in the Granite Street School gym on Thursday, April 17, 2024, at 4:00 p.m. and in the Medway Middle School on Friday, April 18, 2024, at 4:00 p.m



LITTLE LEAGUE, LASSIE LEAGUE <u>& YOUTH BASEBALL</u>



Registration for Little League, Lassie League and Youth Baseball will begin in April for grades 3 - 6. The games will begin in May and end in June.



YOUTH & JR. PRO BASKETBALL

Girls' and boys' Youth and Jr. Pro Basketball will be for grades 2 - 6. These programs will be done through Jr. Pro Basketball and the Recreation Department. The practices will be on Fridays, Saturdays, and Sundays.



CHEERLEADING



Cheerleading will begin at the same time if there are coaches available.

If anyone is interested in coaching or helping in some other way, please contact the Recreation Department at: (207) 746-3553.

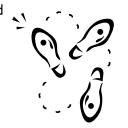
BASKETBALL TRAVELING TEAM

The traveling girls' and boys' basketball teams will be chosen in mid-December. The regular season will begin in January. The East Millinocket Recreation Department will host a tournament February 8th and 9^{th.}

The Millinocket Hoop Classic will be on February 28^{th} , March 1^{st} , and 2^{nd} .

FATHER/DAUGHTER & MOTHER/SON DANCES

The Recreation Departments will host dances for girls and boys in grades K - 6. The Father/Daughter Dance will be held at St. Martin's Parish Hall on Friday, April 11th, 2024 while the Mother/Son Dance will take place at the Medway Middle School on Saturday, April 12, 2024. Come and share a special time with your loved one!



2024 - 2025 SENIOR CITIZENS – ACTIVITIES

| Monday - September 16, 2024 | Beef Roast |
|-----------------------------|-----------------------|
| Monday - October 21, 2024 | Roast Pork |
| Monday - December 16, 2024 | Holiday Dinner |
| Monday - January 13, 2025 | Lasagna |
| Monday - February 24, 2025 | Chicken Pot Pie |
| Monday - March 17, 2025 | Baked Ham |
| Monday - April 14, 2025 | Meatloaf |
| Monday - May 12, 2025 | Spaghetti & Meatballs |

All meals are a \$5.00 donation. The Holiday Dinner is a \$7.00 donation.

Dinner is served at 12:00pm. Take out is available but is not offered until 12:15pm. Preference is given to those dining inhouse.

Please remember to bring your own plate/utensils or take out container to help the environment. We will provide one to you if you forget.

LITTLE GIANT FOOTBALL & FLAG FOOTBALL

Little Giant Football and the Recreation Department are sponsoring this program for children in grades 2 - 6. The program fee is \$75.00, payable to: Little Giant Football.



Flag football children in grades k-2 and fee is \$20.00, also payable to Little Giant Football.

The contact person for Little Giant Football is **David Michaud.** He can be reached at 723-1516 or email dmichaud@woodardcurran.com More Information to be

FIELD HOCKEY

The Little Pro will be offering a Youth Field Hockey Program. This will be starting in early September. There will be a \$20.00 fee for socks and mouth and shin guards. This program is for girls' grades K-5

Permission slips will be passed out at Field Hockey Camp.

HALLOWEEN ACTIVITIES

The Annual Halloween Activities will be held at Opal Myrick Elementary School, Granite Street School on Thursday, October 31st.

Supervised Trick-or-Treat will be on Thursday, October 31^{st} , from 4 p.m. – 6 p.m. in East Millinocket and from 4 p.m. – 7 p.m. in Millinocket to make the special day a safe one for our youngsters.

The Recreation Department, Opal Myrick Elementary and Granite Street schools, East Millinocket and Millinocket Fire and Police Departments help to make these events possible.



Open gym is held on Sundays from 10:00am to 12:00pm at Schenck High School.

This program will run from November 3rd to March 30th. All are welcome to participate!



HOLIDAY LIGHTING & CHRISTMAS PARTY

The Holiday Lighting Program will take place early in December at each of the following locations: Granite Street School, Medway Middle School, and Opal Myrick Elementary School.

The Recreation Department as well as Opal Myrick Elementary School and Granite Street School are responsible for this festive program.



